

Relief for Symptoms of Multiple Sclerosis

Dr. Bergeron has recently noted significant results using mild hyperbaric oxygen therapy in the treatment of Multiple Sclerosis. Tremors, severe pain, blurred vision, weak limbs, numbness, and fatigue are just some of the symptoms of Multiple Sclerosis (MS), one of the most common diseases of the central nervous system. It is estimated that MS currently affects over 2,500,000 people worldwide. The American Wellness Institute has found new hope for those suffering with these debilitating diseases.

Dr. Bergeron has treated several MS patients using mild hyperbaric oxygen therapy (mHBOT), which enhances the metabolism and natural healing processes. mHBOT is administered by breathing an increased concentration of oxygen while lying inside a pressurized chamber. Many times patients enter remission after undergoing hyperbaric therapy for a nine-month period. In some cases, in the initial stages of treatment, MS patients have seen sudden symptom resolution during the one-hour therapy session itself, with a slow slight return of the symptomology 4-5 hours after treatment.



Due to our body's reliance on oxygen, it is not surprising that mHBOT assists the healing process of injured tissues. Recent scientific studies have shown inflammation and tissue swelling inhibits the delivery of oxygen and can lead to what is known as "MS Flair". By increasing the amount of oxygen in the system, scarring and plaque formation is lessened, swelling reduced, and the body's natural healing processes are increased. Patients have found that spasticity, pain, dizziness, tremors, ability to move limbs that were previously immobile, have all disappeared during this time.

Dr. Bergeron states "There seems to be some cascade of events that is occurring during mHBOT sessions that is causing a transient change in symptomology. Since these patients have traditionally been difficult to treat and show slow symptom resolution, these findings are very significant in the use of mHBOT on MS." He further theorized that patients, who experience this release of symptoms during an initial treatment, might have heavy metal, chemical exposure, or other pathogenic process to contend with. The hyperbaric chamber also works to assist in detoxifying the system by forcing oxygen into the system and creating a pressurized environment, which then drives toxins from the system.

In many scientific studies, hyperbaric therapy has been shown to control MS symptoms, and in some cases, halt the advancement of the disease. While mHBOT has shown great relief from symptomology without serious side effects as seen with pharmaceuticals, its effects differ from patient to patient.